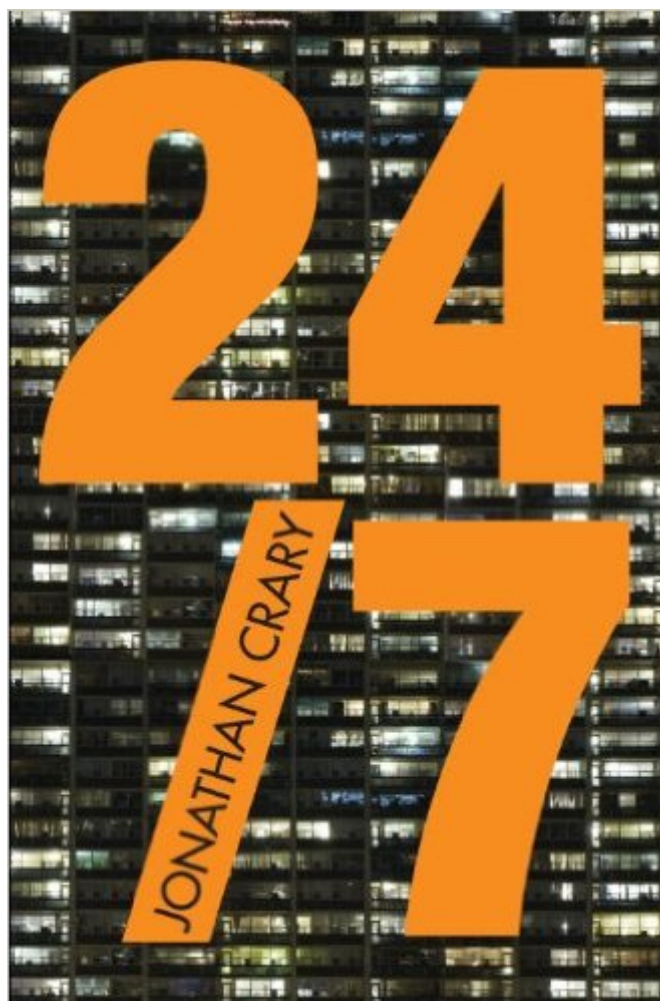


The book was found

24/7: Late Capitalism And The Ends Of Sleep



Synopsis

24/7: Late Capitalism and the Ends of SleepÂ explores some of the ruinous consequences of the expanding non-stop processes of twenty-first-century capitalism. The marketplace now operates through every hour of the clock, pushing us into constant activity and eroding forms of community and political expression, damaging the fabric of everyday life. Jonathan Crary examines how this interminable non-time blurs any separation between an intensified, ubiquitous consumerism and emerging strategies of control and surveillance. He describes the ongoing management of individual attentiveness and the impairment of perception within the compulsory routines of contemporary technological culture. At the same time, he shows that human sleep, as a restorative withdrawal that is intrinsically incompatible with 24/7 capitalism, points to other more formidable and collective refusals of world-destroying patterns of growth and accumulation.

Book Information

Paperback: 133 pages

Publisher: Verso (June 3, 2014)

Language: English

ISBN-10: 1781683107

ISBN-13: 978-1781683101

Product Dimensions: 5.1 x 0.4 x 7.7 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 starsÂ Â See all reviewsÂ (24 customer reviews)

Best Sellers Rank: #72,477 in Books (See Top 100 in Books) #44 inÂ Books > Politics & Social Sciences > Philosophy > Social Philosophy #118 inÂ Books > Politics & Social Sciences > Social Sciences > Human Geography

Customer Reviews

"24/7" by Jonathan Crary is a brilliant interdisciplinary analysis about capital's ongoing colonization of human consciousness. Professor Crary is a highly regarded art critic, essayist and editor whose studies about perception and power have proven widely influential. This masterful book provides uniquely compelling insights into our postmodern condition including the possibility of change. Dr. Crary frames the discussion with the tale of DARPA's quest to engineer a 'sleepless soldier' who might better fit into the military's increasingly automated systems of terror, torture and surveillance. The author supposes that these kind of non-sleep technologies will inevitably be adapted by struggling civilian workers and consumers, many of whom are in fact already compelled to develop

virtual identities in order to better compete in the cutthroat 24/7 marketplace. The author thoughtfully compares capital's attack on sleep with the broader assault on the earth's resources and the theft of community assets; with the infamous Bhopal disaster serving as an extreme example of the discord that exists between corporate violence and communities at sleep. Dr. Crary deftly assimilates the thoughts of leading postmodern theorists including Foucault, Agamben, Bauman, Deleuze and others to develop, enrich and articulate his ideas. For example, Dr. Crary argues that the so-called 'digital age' is properly understood as capitalism's ongoing project of subsuming individuals within its regime of discipline and control.

"24/7" explores the threat of a future "sleepless" society. As the modern world gradually encroaches on more and more of the "everyday," the author argues that sleep itself, that fundamental human function, may go the way of the dodo or the VCR very soon. The book opens citing a defense study on the white-crowned sparrow, a North American bird that can somehow manage without sleep for seven contiguous days during migration. When or if scientists unlock this small bird's secrets, any discoveries will have definite military applications. Then, the book argues, this research will inevitably seep over into the consumer and work world. Those daring few who take the first sleepless plunge will likely blaze a new pioneering trail and set a new standard for others who will probably feel forced to follow in an effort to "keep up" or "stay ahead of the competition." After all, if your competition doesn't sleep, how can you? This all may sound like a pernicious slippery slope, but the very recent rise of "Smart Phone" culture provides a convincing precedent. How many people now check their texts, phone messages or e-mails at all hours, including in the middle of the night? "24/7," as framed in this small but dense book, seems directly upon us. Not to mention the prevalence of caffeinated "energy drinks" that often renders sleep impossible. Sleep, as the book argues, remains an impenetrable affront to the machinations of the modern world. Many thinkers, even those dating back to the first glimmerings of the Enlightenment, have considered this largely unconscious time as wasteful or unproductive. Sleep also represents humans in their most vulnerable state and the infrastructures of technological society have made sleep relatively safe.

[Download to continue reading...](#)

Sleep Smarter: The Ultimate Guide To Sleep Better, Feel Better By Having Healthy Sleeping Habits (sleep smarter, sleep better, healthy sleep habits, sleep ... healthy sleep, sleep apnea, feel better)
Sleep Apnea: The Ultimate Guide How To Manage And Treat Your Sleep Apnea (Sleep Apnea Machine, Sleep Apnea Guide, Sleep Apnea Cure, Sleep Apnea Treatment, Sleep Apnea Solution, Book 3)
My Child Won't Sleep Through the Night: 5 No-Cry Solutions to Solve Your Child's Sleep

Issues (Baby Sleep Solutions, Toddler Sleep Problems, Child Sleep Solutions, No-Cry Sleep Solution) 24/7: Late Capitalism and the Ends of Sleep Sleep Apnea: The Most Effective Sleep Apnea Cure: Discover a Sleep Apnea Treatment in 7 Days or Less! (Sleep apnea, anxiety management, insomnia, diabetes, snoring, sleep disorders, respironics) The Sleep Lady's Good Night, Sleep Tight: Gentle Proven Solutions to Help Your Child Sleep Well and Wake Up Happy The Promise of Sleep: A Pioneer in Sleep Medicine Explores the Vital Connection Between Health, Happiness, and a Good Night's Sleep Sleep Hypnosis Bundle: Hypnosis Collection to Fall Asleep Instantly, Induce REM Sleep, Get Better Sleep and Wake up Refreshed Sleep: Discover How To Fall Asleep Easier, Get A Better Nights Rest & Wake Up Feeling Energized (The Best Sleep Solutions Available From All Natural To ... Treatments To Cure Insomnia & Sleep Easy) The Neoliberal Deluge: Hurricane Katrina, Late Capitalism, and the Remaking of New Orleans Cool Colleges: For the Hyper-Intelligent, Self-Directed, Late Blooming, and Just Plain Different (Cool Colleges: For the Hyper-Intelligent, Self-Directed, Late Blooming, & Just Plain Different) Last Steps: The Late Writings of Leo Tolstoy: The Late Writings of Leo Tolstoy (Penguin Classics) Color Me To Sleep: Nearly 100 Coloring Templates to Promote Relaxation and Restful Sleep (A Zen Coloring Book) Deep Sleep Hypnosis: Fall Asleep Instantly and Sleep Well Hypnosis 8 Hour Sleep Cycle with Chakra Opening and Cleansing Booster (The Sleep Learning System) Healthy Sleep Habits, Happy Child: A Step-by-Step Program for a Good Night's Sleep, 3rd Edition My Child Won't Sleep: A Quick Guide for the Sleep-Deprived Parent Hypnosis 8-Hour Sleep Cycle with Confidence Booster: The Sleep Learning System Hacking Sleep Apnea: 19 Strategies to Sleep & Breathe Easy Again The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night: Foreword by William Sears, M.D.

[Dmca](#)